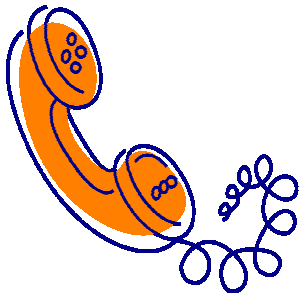


## KEEPING INDEPENDENCE

IT'S A FACT THAT OLDER ADULTS ARE LIVING IN THEIR HOMES LONGER AND PREFER TO REMAIN INDEPENDENT.

### DIAL-A-CARE CAN HELP!

- Do your relatives live out of town?
- Have your friends moved away?
- Would you feel less dependent on family members if someone called just to check on you each day?



### WHAT IS DIAL-A-CARE?

**DIAL-A-CARE** is a free telephone re-assurance program for homebound individuals in Southern Indiana who live independently and want to feel safer and more secure.

No one likes to think of the consequences of someone you love needing assistance and not being able to get it. **DIAL-A-CARE** contacts your loved ones to check on their well-being.

The **DIAL-A-CARE** volunteers help eliminate some of the fears and dangers that living independently can bring.

**DIAL-A-CARE** is a free service of the **Retired Senior Volunteer Program (RSVP)**, which is part of Hope Southern Indiana

### HOW DOES DIAL-A-CARE WORK?

**DIAL-A-CARE** calls are made daily to persons who are alone and who would like to have someone call to check on their safety; someone who cares.

**DIAL-A-CARE** is primarily designed to serve the frail elderly, people with disabilities or the homebound of any age.

Callers are matched with clients so that your loved one will receive a call from the same person each day. Lifelong friendships have sometimes developed between callers and their clients, even though they have never met face-to-face.

If for any reason you feel the need for a daily call to check on your safety, or if you have a loved one or friend in need of this service, call 948-1815.



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